Ministry of Higher Education and Scientific
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# **Basic Nursing Sciences**

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# **Ethical Decision Making**

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#### A- Introduction

- 1- Decisions about ethical dilemmas are influenced by numerous and wide-ranging factors.
- 2- As the world changes, new ethical dilemmas arise and ethical dilemmas take on new significances.
- 3- Major advance science ,technology ,and health care during the past 50 years have outpaced the abilities of those in ethical and law to solve problems created by these advanced.

### B- Factors that influence ethical decision

making in health care 1- Sociocultural

## factors have include:

- a- Attitudes about women and women's role.
- b-Beliefs and practices related to marriage and the family.
- c-Increased emphasis on individual rights.
- d-Religious values. e- Values that society places on life and right to die with dignity f- Demographic change, of government funds for health care.
- 2- Scientific and technological advances have included:
- 1- Intensive care units
- 2-Patient monitoring

devices .3- Life-

sustaining

medications.

4- Artificial life-

support systems. 5-

Renal dialysis.

- 6- Organ transplantation and artificial organs.
- 7- Computerized diagnostic equipment, such as the computerized tomography scan and magnetic resonance imaging.
- 3- Legal issues have included:
- a- Abortion b- Right to die c- Right to refuse care
- 4- Changes in the occupational status of health care

workers have included: 1- Expanded roles,

responsibilities, and educational requirement for

nurses .2- Collective bargaining and strikes.

- 3- More authoritarian attitude shown by hospitals toward their employees .4- Attempts by nurses to increase their independence in practice
- 5- Consumer involvement in health care has led to:
- = Demands by the public for a greater voice in health care decisions in response to a growing perception that health care has become depersonalized.
- C- Ethical concepts and ethical codes in decision making Ethical decision making usually involves at least one of four basic concepts: autonomy ,justice ,fidelity ,and beneficence.
- 1- Autonomy refers to the right to make decision about one's health care
- a- Autonomy has certain limitations ,particularly when it interferes with another's rights .
- b-Professionals also have a degree of autonomy.
- 2-Justice refers to the obligation to be

fair to all people. a- This obligation

applies to persons and governments.

- b- The rights of one person become limited when they infringe on the rights of another person.
- 3-Fidelity refers to ones faithfulness or loyalty to agreements and responsibility that one has accepted. a- Fidelity is one of the key elements of accountability.

- b- Conflicts can arise between fidelity to patient and fidelity to employers ,government, and society. 4- Beneficence refers to do good and not harm.
- a-Problems can arise not only when trying to decide what is good for another person but also when determining who should make the decision.
- b- A temporary harm to a patient may eventually produce a greater good during the course of treatment.
- 5- Ethical decision making is based on ethical codes that serve as guidelines for the profession.
- a- Ethical codes are based in part on the four concepts of autonomy ,justice ,fidelity, and beneficence .
- D American Nurses Association (ANA) ethical code for nurses

  The ANA code focuses on protecting the patients' rights while
  honoring obligations to the nursing profession and to the public. =

  Key ideas
- 1- Respect for human dignity .
- 2-Patients right to privacy and confidentiality.

3- Patient and public safety.
4-Responsibility and
accountability of nurses .5-
Nursing competency.
6- Participation in
research .7-
Quality of patient
care.
8- Nursing's integrity.
9- Collaboration with other members of the health care team
E- The International Council of Nurses (ICN) Code of ethical for nurses .
a-The code is divided into two major section :general nursing responsibilities and specific concern of the profession.
b- The code emphasize the nurses obligations to the patient rather than to the physician ,a departure from earlier thanking.
Key ideas:
a- Nursing standards .
b- Health promotion and restoration .
c-Delivery of health services.
d- Professional accountability

- F- Making ethical decisions in nursing practice.
- 1-Most of the ethical dilemmas that nurses encounter do not have clearcut solutions.
- 2- Collaborative decision making to resolve complex ethical questions helps protect the professional from making unwise or erroneous decisions
- 3- In all ethical dilemmas, the nurse should attempt to understand fully the moral issues involved.
- 4- The nurse must follow several necessary steps in order to make an ethical decision: a- Identify the dilemma as clearly as possible ,using all available data.
- b-Examine personal values as thoroughly as possible.
- c- Identify the ethical principles involved in the dilemma.
- d-Examine all possible solutions to the dilemma, regardless of the ethical principles involved.
- e-Evaluate the likely outcome of each solution .
- f- Choose the solution whose outcome is most in accord with personal values and ethical principles