# **Course Description Form**

1. Course Name:

Fundamental of nursing

2. Course Code:

NUR101, NUR108

3. Semester / Year:

Semester

4. Description Preparation Date:

29/3/2023

5. Available Attendance Forms:

Theoretical, practical, and online attendance

6. Number of Credit Hours (Total) / Number of Units (Total)

15 weeks (4 theoretical, 6 Laboratory)/ (7 unit)/ first semester 15 weeks (4 theoretical, 12 practical)/ (8 unit)/ second semester

7. Course administrator's name (mention all, if more than one name)

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## 8. Course Objectives

#### **Course Objectives**

- 1. Preparing students with competence and skill in various nursing procedures providing nursing services based on scientific and practical foundations.
- 2. Numbers of graduates with high scientific and practical applied capabilities in nursing and medical sciences specialization.
- 3. Enhancing the student's self-confidence and bridging the gap between the theoretical and practical aspects.
- 4. Contributing to community service through organizing lectures and seminars aims to raising the health culture of community members.

## 9. Teaching and Learning Strategies

#### Strategy

- Method of the presenting the lecture, discussion group, asking questions during the theoretical material, and the presenting a topic or assignment within the scope of the subject.
- Practical training in all hospital units in addition to watching scientific films about patient care using writing on the board, displaying on the screen, and slides PowerPoint, in addition to training in specialized hospitals and field visits.

#### 10. Course Structure

Week	Hours	Required Learning	Unit or subject	Learning	Evaluation
		Outcomes	name	method	method

		First semester			
1	10		Asepsis and Infection	The white	Theoretical
			Control	board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
2	10		Safety and Activity	The white	Theoretical
Γ				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
3	10		Vital signs	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
4	10		Vital signs	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
5	10		Vital signs	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
6	10		Vital signs	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
7	10		Wound Care and	The white	Theoretical
ľ			Healing Process	board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
8	10		Midterm Examination	The white	Theoretical
					exam, practical
				lectures,	exam, class
				electronic.	activities
9	10		Medication	The white	Theoretical
			Administration	board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
10	10		Medication	The white	Theoretical
			Administration	board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
11	10		Blood Transfusion	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
12	10		Hot and Cold	The white	Theoretical
12	10		Application	board, posters,	exam, practical
			1 ipplication	lectures,	exam, class
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13	10		Diagnostic Testing	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
14	10		Final exam	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
15	10		Final exam	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
		Second semester			
1	16	Understanding the	Perioperative phase	The white	Theoretical
		application of	Nursing care	board, posters,	exam, practical
		nursing care	8	lectures,	exam, class
		procedures during		electronic.	activities
		<u> </u>			
		the stages of			
		operation	D 0 01	TT 1.	TT1 1
2	16		Rest & Sleep	The white	Theoretical
		benefits of rest and		board, posters,	exam, practical
		sleep on the body		lectures,	exam, class
	1.0		D : 14	electronic.	activities
3	16	Understanding the	Pain Management	The white	Theoretical
		mechanism,		board, posters,	exam, practical
		management and		lectures,	exam, class
		relief of pain		electronic.	activities
4	16	<u> </u>	Nutrition	The white	Theoretical
		benefits of healthy		board, posters,	exam, practical
		nutrition on human		lectures,	exam, class
				electronic.	activities
5	16	health	Nutrition	The white	Theoretical
				board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
6	16		Midterm exam		
7	16	Understanding the	Fluid & Chemical	The white	Theoretical
		divisions of fluids	Balance	board, posters,	exam, practical
		in the human body		lectures,	exam, class
		as well as		electronic.	activities
8	16		Fluid & Chemical	The white	Theoretical
		electrolytes	Balance	board, posters,	exam, practical
				lectures,	exam, class
				electronic.	activities
9	16	Understanding the	Bowel Elimination	The white	Theoretical
1	1	factors that affect		board, posters,	exam, practical

		the elimination of stool from the body		lectures, electronic.	exam, class activities
10		Understanding the factors that affect the excretion of urine from the body	Urinary Elimination	The white board, posters, lectures, electronic.	Theoretical exam, practical exam, class activities
11		Understanding how the body is saturated with the oxygen	Oxygenation	The white board, posters, lectures, electronic.	Theoretical exam, practical exam, class activities
12		Understanding how to care for dead people and at death	Death & Dying	The white board, posters, lectures, electronic.	Theoretical exam, practical exam, class activities
13	16		Final exam		
14	16		Final exam		

11. ( 1. App	Course I	Evaluatic	n ithly an	d quarterly (	tests.		
2. Con	ducting s	hort surp	rise exa	ıms.			
3. Req 12. l	u <del>esting t</del> _earning	he submis and Te	<del>ssion of</del> aching	<del>periodic rep</del> Resources	orts.		
Require	d textboo	ks (curricu	ılar bool	ks, if any)			
Main ref	erences	(sources)					
Recomn	nended	books	and	references			
(scientifi	c journals	s, reports.	)				
Electron	ic Refere	nces, Wel	osites				

- Delaune, S., Landner, P., Fundmentals of Nursing standerds and practice, Chapter 35, Fourth edition, Delmar Cengage Learning, United States of American, 2011.
- Fundamentals of Nursing 8th ED by Berman, Snyder, Kozier, Erb. Chapter 49 (fecal elimination) 2008.
- Fundamentals of Nursing Standards & Practice, 4th Edition 2010. Chapter 39 (elimination).
- Kozier B, Erb, G, Berman A, et al. Fundmentals of Nursing, chapter 46, Eight Edition, Person Education, 2012.
- Kozier B, Erb, G, Berman A, etal. Fundamentals of Nursing, 6<sup>th</sup> Ed, New York, Pearson Education, 2000
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- Perry, A. & Potter P.: <u>Clinical Nursing Skills Techniques</u>, 5<sup>th</sup> ed. London, Mosby, 2002.
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- Sue C. DeLaune and Patricia K. Ladner, Fundamentals of Nursing Standards & Practice, 4th Edition 2010.

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